

October 29, 2024, [MYD Smart](#)

[MYD SMART](#)

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ADDITIONAL INFORMATION

Age 0-13 , 14-18 , 19-24 , 25-44 ,
Demographic 45-59 , 60+
Audience Female , Male
Demographic

Package Includes :

21 X Radio spots
10 x TV spots

Categories: [99FM](#), [Non-Prime Time](#), [OmniChannel](#), [Radio](#)

Tags: [99fm](#), [master your destiny](#), [MYD](#), [namibia](#), [news](#), [positive radio](#), [radio](#), [smart](#)

Package Includes :

21 X Radio spots
10 x TV spots

PRODUCT DESCRIPTION

Mondays to Thursdays @ 14h30

Learn to harness the incredible potential inside your head. Master Your Destiny SMART is about seeing yourself as a power house of strengths and skills, and finding ways to use your brain to live a life of purpose and satisfaction.

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Topics Covered:

- Psychology
- Neuroscience
- Mental Health

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